

YMS SUICIDE PREVENTION SPIRIT WEEK

September 11 – 15th

September is Suicide Prevention Month. Let's Dress Up to Show Our Support!

MELLOW MONDAY

Wear your pajamas.



TEAM UP TUESDAY

Wear a sports jersey.



THE FUTURE IS BRIGHT WEDNESDAY

Wear bright or neon colors.



THERAPEUTIC THURSDAY

Wear something funny!

*(mix-match, crazy hair, silly outfit)**

Laughter can help lessen your stress, depression & anxiety and may make you feel happier.



WEAR PURPLE FRIDAY



REMEMBER: YOU MATTER! ☺

You MUST Remain Within Dress Code During Spirit Week